



Chartered Society  
of Physiotherapy  
NORTHERN IRELAND

Northern Ireland

Rehabilitation, recovery  
and reducing health inequity:



# Easing the pain

## Everyone deserves a #RightToRehab

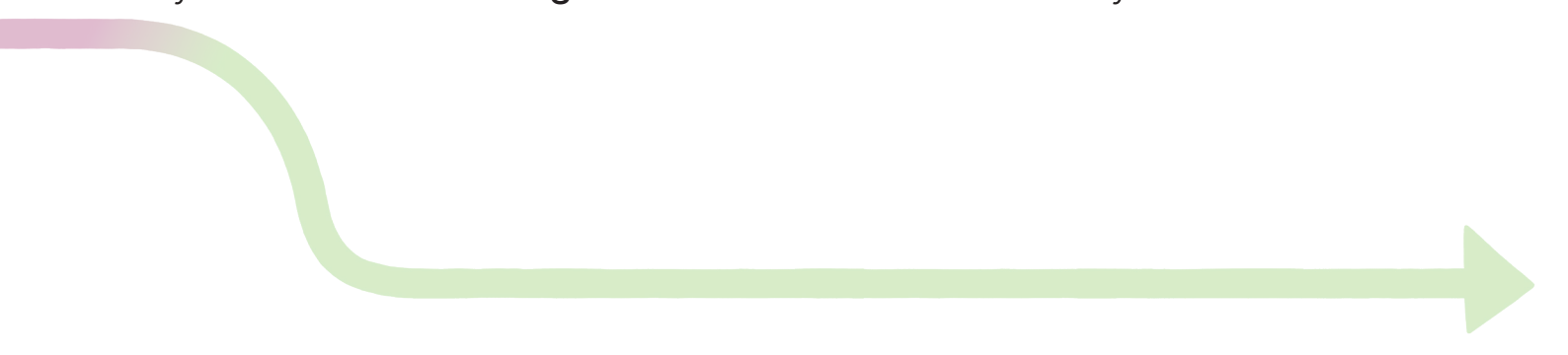
Millions of people in the UK who face systemic discrimination and marginalisation, and those who live in poor communities, are likely to miss out on rehabilitation services.

These services are vital to people's ability to successfully manage long-term conditions, recover from illness and injury and prevent a cumulative decline in people's health.

Without rehabilitation people can be stuck in a downward spiral. Important services that could tackle health inequities are either unavailable or poorly equipped.

The Chartered Society of Physiotherapy and our partners in the Northern Ireland Community Rehabilitation Alliance, propose universal access to rehabilitation as the key driver to narrowing the gap in healthy life expectancy.

Everyone deserves the **#RightToRehab** when and where they need it.



# Government recommendations:

## This is why we are calling on the Northern Ireland Executive and the Department of Health to:

- Include a Right to Rehabilitation in the NI Assembly Programme for Government.
- Ensure the ongoing implementation of Health and Wellbeing 2026: delivering together, including the commitment to invest in Health and Social Care (HSC) community development resources to enable social inclusion and tackle health inequalities.
- Endorse the Community Rehabilitation Best Practice standards for Northern Ireland.
- Create a Community Rehabilitation Framework for the development of rehabilitation services in Northern Ireland.

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