# Recruitment Information Pack



# **PHYSIOTHERAPIST**

VACANCY REF: SFRS02464

CONTRACT STATUS: Temporary

GRADE: 5

LOCATION: Flexible Location
DEPARTMENT: Wellbeing,

People

SALARY: £36,194 - £38,944

HOURS: 35

CLOSING DATE: 04 June 2024

The recruitment information pack is designed to provide you with as much information as possible, relevant to the role and the SFRS recruitment and selection process.

The SFRS is an equal opportunities employer and a Disability Confident Employer. As such our selection processes are designed to promote equality of opportunity for all. We will ensure all applicants that declare a disability and/or Specific Learning Difference (SpLD), who meet the essential criteria for the post, will be invited to attend for interview.

If you have any further questions, please contact the People Services Resourcing Team on 01698 402271 or email SFRS.PODVacancies@firescotland.gov.uk.























# THE SCOTTISH FIRE AND RESCUE SERVICE

The Service was established on 1 April 2013, bringing together the collective skills and experience from across Scotland's previous eight Fire and Rescue Services.

Now, as national organisation we deliver our front-line services locally across the 3 Service Delivery Areas (SDA's) in the North, East and West of Scotland. More information about the SDA's, including maps showing area coverage, can be found by clicking on the links detailed below:

North Service Delivery Area

**East Service Delivery Area** 

West Service Delivery Area

As well as front-line Service Delivery roles, our uniformed roles can span into Directorate functions such as Response and Resilience, People and Organisational Development, Prevention and Protection.

Our high service standards have demanded an ever-increasing commitment to development and our uniformed colleagues continue to be amongst the best equipped and most highly trained in the world.

## **BENEFITS**

A career in the SFRS is wide and varied. As well as excellent learning opportunities, working with us you can expect:

- A rewarding, varied career
- A competitive salary and attractive pension scheme
- A range of excellent family friendly policies including those that promote a work life balance
- Excellent training, development and career progression opportunities
- Generous leave entitlement that increases with service
- Wide range of employee benefits available to you and your family including the Firefighters charity/Family Support Trust
- Access to 'mylifestyle' for saving/discount schemes, including tax savings through our salary sacrifice schemes
- Access to gym facilities and health and wellbeing services and advice
- The potential to work in widely diverse workplaces and locations across Scotland
- To be a part of and contribute to a service that is committed to strengthening its place in communities and supporting public life and better outcomes for local communities.

By working together and delivering on the aims of reform, we will reduce the risk to our communities and make Scotland a safer place

## **SCOTTISH FIRE AND RESCUE SERVICE**

## JOB DESCRIPTION

JOB TITLE:	Physiotherapist		
DEPARTMENT:	Health and Wellbeing, People and Organisational Development		
RESPONSIBLE TO:	Physiotherapy Practitioner	GRADE:	5

Please note that this job description is indicative of the nature and level of responsibilities associated with this role and is not intended to be exhaustive.

## **ROLE OVERVIEW**

The Physiotherapist is responsible for supporting the development and provision of effective Healthand Wellbeing (HW) Physiotherapy Services within the Scottish Fire and Rescue Service (SFRS). The role will provide a holistic physiotherapy service to SFRS employees focussed on education and prevention of MSK injuries. This will involve a positive bio-psychosocial approach with evidence- based treatment, underpinned by excellent HW care to SFRS employees focussed on treatment, education and prevention of musculoskeletal (MSK) injuries.

The post holder is responsible to the Physiotherapy Practitioner (HW) and expected to work collaboratively with others to support organisational and departmental objectives.

## **KEY CONTACTS**

- Managers and Staff within the People and Organisational Development Directorate
- Other individuals/departments regarding relevant area of work
- Managers and employees at all levels providing Specialist advice and guidance
- HR Business Partners
- Relevant external professional governance agencies/bodies
- Relevant sector specific professional agencies/bodies
- External service providers and contractors

## **FUNCTIONAL RESPONSIBILITIES / KEY TASKS**

- Support the implementation of HW strategies, policies, procedures and guidance to ensure that the SFRS applies best practice and complies with relevant health, safety and wellbeing legislative requirements
- Support with the development and implementation of the MSK Injury prevention strategy whilst working collaboratively within the HW team, the MSK Injury Reduction Group, with stakeholders and business partners across SFRS
- Support the development, review and implementation of HW policies, procedures and guidance to promote a positive HW culture
- Plan and deliver innovative and effective methods of delivery and communication of HW physiotherapy programmes for employees across SFRS, to support early return to work
- Support a wide range of musculoskeletal injuries and conditions delivering excellent clinical care and treatments determining fitness for role.
- Make professional decisions on fitness for work, which may include information on reasonable adjustments, phased return to work or redeployment in line with relevant legislation and advise managers accordingly
- Arrange external referrals where there is a clinical need, review and interpret subsequent reports and determine appropriate future actions
- Seek support and direction from the Physiotherapy Practitioner as appropriate
- Work collaboratively with the Physiotherapist Practitioner, providing advice and support within the HW team on complex cases as required
- Follow governance policy and ensure appropriate recording, confidentiality, correct management
  of relevant information and documentation in accordance with relevant legislation, clinical
  guidelines and standards.
- Prepare reports, collate statistics, performance indicators and associated trends in line with HW activities and reduction in MSK sickness absence.
- Where appropriate, attend and represent HW at relevant meetings and update on HW activities
- Ensure all equipment is fit for purpose and arrange calibration programmes as required
- Attend and support relevant training as requested, as well as keeping an up to date with CPD
  achievements in line with Chartered Society of Physiotherapy (CSP) and Health and Care Professions
  Council (HCPC) guidelines

## **ADDITIONAL INFORMATION**

## **Essential Criteria**

- BSc (Hons) recognised by the CSP
- Abide by HCPC and CSP Codes of Professional Conduct, and work in line with all areas of CSP
   Core Standards of Practice, as well as our policies and procedural framework.
- Effective communication skills and the ability to influence a range of stakeholders
- Proven track record of development and implementation of physiotherapy services, deliveryof individualised treatment programmes based upon evidence-based practice.
- Knowledge of current Health and Safety and other relevant emerging legislation and clinical guidance

- Ability to work on own initiative, exercise judgement to inform decision making
- Effective communication skills
- Effective planning and organisational skills working knowledge of MS Office, spreadsheets, databases and management systems
- Experience of problem solving in an analytical manner, identifying sensible and proportionate solutions
- Working knowledge of MS Office, spreadsheets, databases and management systems
- The post holder has the ability to travel
- The post holder is required to attain and maintain PVG Scheme membership in relation to carrying out regulated work with protected adults

## **Desirable Criteria**

- Experience of working in a clinical occupational health setting
- Experience in return-to-work initiatives and prevention of MSK sickness absence
- Membership of the CSP
- Experience of gathering and analysing data and information and the preparation of reports
- Experience in supporting HW Projects and initiatives
- Experience of successfully supporting individuals to implement lifestyle change to improve health and wellbeing
- Full UK Driving licence, and the ability to travel across SFRS footprint as required

## **Post-Specific Criteria**

 Role will be SFRS wide with travel across SFRS footprint to ensure effective service delivery.

## THE FOLLOWING PERSONAL QUALITIES & ATTRIBUTES (PQAs) ARE REQUIRED WITHIN THIS ROLE:

## **Commitment to Diversity and Integrity:**

- Demonstrates a fair and ethical approach in all situations
- Demonstrates confidentiality

## **Openness to Change:**

Proactively supports change, adjusting approach to meet changing requirements

## **Confidence and Resilience:**

Maintains a confident, controlled and focused attitude in highly challenging situations

## Working with others:

- Works effectively with others
- Leads, involves and motivates others

## **Effective Communication:**

- Excellent interpersonal skills
- Ability to communicate effectively both orally and in writing.

## **Commitment to Development:**

 Committed and able to develop self, individuals, teams and others to improve organisational effectiveness

## **Problem Solving:**

• Understands and applies relevant information to make appropriate decisions and create practical solutions

## **Situational Awareness:**

- Has an active awareness of environment to promote safe and effective working
- Evidence of a thorough knowledge of fire and community safety issues

## **Commitment to Excellence:**

 Leads others to achieve excellence by the establishment, maintenance and management of performance requirements

## Planning and Implementing:

- Ability to prioritise own workload and work on own initiative
- Creates and implements effective plans to manage workload in line with organisational objectives and priorities

## **GENERAL RESPONSIBILITIES**

- The post holder shall ensure that all duties of the post are undertaken in accordance with the Equality Act 2010, the Human Rights Act 1998, the SFRS's Code of Conduct, Dignity and Integrity at Work Policy and other policies designed to protect employees and service users from discrimination and harassment. It is the duty of the post holder to actively promote equalities, encourage a workplace culture of inclusivity and not to act in an unlawfully prejudicial or discriminatory manner towards employees or service users
- To promote the health, safety and welfare of employees at work and of service users through
  the implementation of the Scottish Fire and Rescue Service's Health and Safety Policies in
  accordance with all relevant statutory requirements, leading by example
- To protect the confidentiality at all times of customers, partner organisations, and other third
  parties, where applicable by ensuring that reporting employees comply with the organisations
  IT Security Policy and procedures

# **TERMS AND CONDITIONS**

JOB TITLE Physiotherapist

**Directorate** 

LOCATION Flexible Location (Inverness, Portlethen, Dundee, Hamilton, Newbridge)

CONTRACT STATUS Temporary

#### **HOURS OF WORK**

This is a full time post however applications from individuals seeking to work on a part time, job share or flexible working basis would be considered.

The standard working week for support staff posts is 35 hours.

The standard work pattern for support staff is as follows;

Monday – Thursday 0845 – 1645 Friday 0845 – 1530

There is a 45 minute unpaid lunch per day.

In order to maintain service delivery until 1645 on Fridays, your work pattern may be adjusted locally to provide this cover within your Directorate or Section. This arrangement is based on any rota applicable within your workplace.

## **PAY**

The salary range for this role is £36,194 - £38,944.

Salary on appointment will normally be on the bottom point of the salary scale, with progression subject to regular review in line with the SFRS performance appraisal arrangements. A higher salary placing will be considered in exceptional circumstances subject to experience demonstrated.

Your salary will be paid monthly, directly into your bank account. Salaries are paid on the second last day of each calendar month unless this falls on the weekend, in which case it will be paid on the Friday.

## **PENSION**

This post is pensionable.

His Majesty's Revenue & Customs have set limits on the tax relief on your pension. Where your pension entitlements increase and these exceed the tax relief limits set, you will have to pay tax on the excess. There are two thresholds to be aware of. One of which is known as the Annual Allowance (AA) which permits a maximum increase in the value of your pension in a given year. The other is the Lifetime Allowance (LTA) which limits the total value of your overall pension pot. If either of these thresholds is breached, this may lead to an increased tax liability.

Applicants seeking promotion should therefore recognise the potential for any substantial increase in pensionable pay to result in an additional tax liability.

The calculation of your pension pot is subject to a complex calculation that allows for factors specific to each employee to be taken into consideration. It is therefore not possible, or appropriate, for SFRS to issue you with advice on this. All applicants are advised to take the effects of the AA or the LTA into consideration when applying for promotion.

If you are concerned that you may exceed these limits if you are successful in applying for a promotion, it is strongly recommended that you seek independent financial advice in respect of the potential impact of this upon your personal financial position.

Advice on Pensions and Taxation can also be accessed through the following links:

Tax on your Private Pension Local Government Pension Scheme

## **ANNUAL LEAVE**

The standard annual leave entitlement for full time employees is 28 days, rising to 34 days after 5 years continuous service. Additional leave will commence in the leave year following completion of 5 years' service.

#### **PUBLIC HOLIDAYS**

There are 6 fixed public holidays, designated by the SFRS for support staff.

# THE SELECTION PROCESS

## **ONLINE APPLICATION**

Please ensure that you complete the on-line application as fully as you can. It is important that you demonstrate how you meet the essential and desirable criteria outlined within the Job Description.

## **SHORTLISTING**

The SFRS evaluate candidate suitability for a role by assessing your knowledge, experience and skills in relation to the criteria for the role and the Personal Qualities and Attributes (PQAs) detailed within the Job Description.

You need to be clear and specific about your skills and experience as only the most suitable applicants will be selected for interview based on the evidence provided in the application.

## **ROLE SPECIFIC ASSESSMENT**

The SFRS endeavor to identify and select the best candidate for each role and use assessment tools e.g. Psychometric tests or practical exercises such as presentations or a written exercise, to offer further objective information about a candidates' abilities in relation to the role applied for.

The tests give a measure of your strengths/limitations. Research has shown that people who do well in these tests go on to do well in the job itself.

For further help and preparation tips relating to psychometric tests, you can click on the following link, where you will be able to practice different types of ability and personality tests; <a href="Personality tests">Practice Tests</a>. Alternatively, you can do a Google search for different types of tests.

As you progress through the selection process, you will receive more detail about any tests you may be asked to complete.

## **INTERVIEW**

PQAs measure the underlying attitudes and behaviours upon which good performance lies. To ensure you are in the best position to perform to your highest standards during our selection process, make sure you review the PQAs outlined in the Job Description, and have prepared examples of times you have successfully demonstrated these behaviours in the past. PQAs are sometimes referred to as 'competencies': for tips on how to prepare you may wish to conduct an internet search e.g. "preparing for a competency-based interview".

### **OFFER**

If successful we will issue an offer of appointment. The offer of appointment will be conditional and subject to the following pre-employment checks: -

- → Confirmation of Right to Work in the UK

  In line with the Immigration, Asylum & Nationality Act 2006, all candidates applying for SFRS roles must be eligible to live and work in the UK. Documented evidence of eligibility will be requested from candidates as part of the selection process and will require to be checked and verified.
- → Medical

  Candidates are either requested to attend a pre-employment medical examination or complete a preemployment medical questionnaire; both are subject to approval from our Health and Wellbeing Team.

We expect high levels of attendance from our employees. As part of the medical process we ask you to provide details of your attendance at work in the previous year. Absences of more than 10 working days may be investigated further with due consideration given to the timescales and reasons for these absences.

## → Receipt of satisfactory references.

When completing the application form, you will be asked to include details of two referees. We recommend that you obtain the approval of any individual whose details you input into this section. If we do not receive references timeously this may affect your start date and appointment with the SFRS.

The referees should be two individuals who have known you for at least 12 months and who know you in a work capacity or can comment on your ability to carry out the role applied for. At least one of these should be from your current employer, where possible, providing you have been employed with them for a period of at least 12 months prior to submitting your application. The referees should not be related to you in any way.

Referees will not be contacted unless a formal Offer of Employment is made.

#### → Criminal Record Check

Dependent on the nature of the post, it may be necessary to undertake a criminal record check. This may be a standard, enhanced or PVG disclosure. The SFRS will pay the required fees associated with the criminal record check.

Further information on the Disclosure process can be found at www.mygov.scot.

Should any of the above stages not be fully satisfied, the conditional offer of employment may be withdrawn or deferred for review of individual circumstances.

## **DISABILITY**

The SFRS is an equal opportunities employer and a Disability Confident Employer. As such our selection processes are designed to promote equality of opportunity for all. We will ensure all applicants that declare a disability and/or Specific Learning Difference (SpLD), who meet the essential criteria for the post, will be invited to attend for interview.

"Essential criteria" means you must meet the essential criteria as detailed in the advert and job description. This will be specific to each role and may include a minimum level of role/grade, relevant qualifications, skills or experience, essential to the role.

As part of the application, you will be given the opportunity to specify your disability/SpLD and outline any special requirements or reasonable adjustments you require.

As a corporate parent, SFRS have also introduced a Guaranteed Interview scheme for care experienced people. Irrespective of other criteria, such as age, the disclosure of a care experienced background would automatically move an applicant from application stage to interview stage where the candidate meets the essential criteria for the role.

## **DIVERSITY MONITORING**

The SFRS values diversity in our workplace and we would encourage everyone who has the necessary skills and experience to apply.

Information given on the diversity questionnaire will be treated in strictest confidence and will be retained for monitoring purposes.

It will be kept separately from your application form and will not be made available to those involved in the selection decision.

## **CARE EXPERIENCED**

'Care Experienced' includes anyone who has been or is currently in care or from a looked-after background at any stage of their life, no matter how short. This care may have been provided in one of many different settings such as in residential care, foster care, kinship care or looked after at home with a supervision requirement. Please complete our online questionnaire when applying for the post confirming if this applies to you.

## **KEEPING IN TOUCH**

We aim to keep you up to date on the progress of your application. All communications will be sent to the email address provided by you on your application. Please ensure that you keep your personal details updated at all times and that you regularly check your e-mail account and spam folder.