



BRIGHTON & HOVE ALBION

First Team Physiotherapist Job Description

Reports to:	Physiotherapy Manager
Location:	American Express Elite Performance Centre, Lancing
Hours per week:	Full-time to follow the men's first team schedule
Contract:	3-4 months fixed term contract (potential to be extended to until the end of the season)
Salary:	Dependant on skills & experience (to include accommodation allowance for those based outside of Sussex).

Roles and responsibilities

- To provide an elite physiotherapy service for the first team squad, ensuring effective management of all professional players with regards to their medical needs.
- To provide assessment, treatment and rehabilitation of the first team squad players.
- To ensure the management of injuries effectively meets its commitments to the players, coaches and senior management, by self-critiquing and accurate documentation (in alignment with CSP code of practice).
- To work alongside the Strength & Conditioning/Sport Science team in order to deliver effective individualised injury prevention strategies across all players in the senior squad.
- To collaborate with the Strength and Conditioning team in delivery individual development programmes (IDP) to all first team players, including individual and group sessions.
- To provide physiotherapy match day cover for first team games as required by the Physiotherapy Manager.
- To assist in the organisation of medical provision for all training camps for the first team squad in conjunction with the Physiotherapy Manager.
- To work alongside the Strength & Conditioning/Sport Science team in order to deliver first class recovery and injury prevention strategies to all players both immediately after games and on recovery days.
- To ensure all players are educated on the importance of recovery.
- To actively use objective data when available to quantify when players are returning to full fitness / returning to team training.
- To assist the Physiotherapy Manager with injury audit analysis, to provide accountability for the department and actively driving forwards best practice.

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Our commitment to safeguarding, promoting the welfare of children, young people and adults at risk is something shared and expected of all staff and volunteers.





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- To take an active role in identifying injury prevention strategies from relevant data obtained from the injury audit review.
- To identify trends in training load/game exposure and communicate this with the Physiotherapy Manager.

General duties and accountabilities

- To support Brighton & Hove Albion and Brighton & Hove Albion Foundation in their aims and objectives at all times.
- To ensure compliance with all relevant club policies, including health and safety policies.
- To ensure compliance with all relevant legal, regulatory, ethical and social requirements.
- To build and maintain good working relationships both internally and externally, maintaining a professional persona at all times when representing Brighton & Hove Albion and Brighton & Hove Albion Foundation.
- To keep confidential any information gained regarding the charity, club and its personnel.
- To maintain a flexible approach to work at all times.
- To undertake other duties and responsibilities as required from time to time

General expectations

- To uphold and live our Team Brighton Values; Treat people well, Exceed Expectations, Aim high (never give up), Act with Integrity and Make it special.
- To be a champion of equality and diversity in the workplace and treat all staff, customers, sponsors, clients and applicants with fairness, dignity and respect.
- To report incidents of any form of discrimination through the correct channels.
- To promote best practice in safeguarding and create an environment that is safe for children, young people and vulnerable adults.
- To report safeguarding concerns through the correct channels.
- To ensure that any safeguarding training and certificates are kept up to date.

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- To take care of own mental health and wellbeing and seek support for self and others where needed.

Person Specification

Qualifications	Essential	Desirable
A BSc (Hons) Physiotherapy degree or equivalent	✓	
A qualified membership of the Chartered Society of Physiotherapy and registered with the Health Professions Council (HPC)	✓	
Have or working towards a relevant MSc in Sports Physiotherapy, Rehabilitation or Sports and Exercise Medicine	✓	
A current FA ATMMiF pitch side first aid qualification		✓
Skills, knowledge and experience	Essential	Desirable
Knowledge and understanding of child protection issues	✓	
Extensive experience in the provision of physiotherapy within an elite sporting environment	✓	
Demonstrate excellent manual therapy skills, in both assessment and treatment application and delivery	✓	
Demonstrate ability to develop, implement and evaluate physiotherapy programmes for elite professional footballers	✓	
Experience of producing and applying evidenced based rehabilitation protocols/programmes for elite sportsmen/women with successful outcomes.	✓	
Experience working within a professional sporting environment	✓	
Experience working alongside athletes in professional sport	✓	
An understanding of and commitment to fair play and all national and international anti-doping policies as enforced by the Football Association and World Anti-Doping Association.	✓	
Excellent interpersonal and communication skills	✓	
Ability to work on own initiative	✓	
Remain professional at all times regardless of potentially differing opinions or approaches	✓	
An understanding and commitment to equal opportunities in employment and sport	✓	
An understanding of individual responsibility in complying with Health and Safety polices at Brighton & Hove Albion FC	✓	
An ability to work irregular and unsociable hours as required and have an understanding that work may be subject to change	✓	

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with less than 24 hours' notice on occasions. Work will regularly be outside normal working hours, in the evening and on weekends and bank holidays (including Christmas day). Travel with overnight stays and ability to travel abroad if required

✓

Expected behaviour

Essential

Desirable

Champions our Team Brighton values at all times

✓

Collaborative

✓

Team oriented

✓

Problem solver

✓

Curious

✓

Looks for continuous improvements in self and others

✓

Pragmatic

✓

Ability to work calmly under pressure

✓

Ability to always maintain confidentiality

✓

This job description is not to be regarded as exclusive or exhaustive. It is intended as an outline indication of the areas of activity and will be amended in light of the changing needs of Brighton & Hove Albion.

Last updated October 2023

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Brighton & Hove Albion Football Club Ltd.
Registered Office: American Express Community Stadium, Village Way, Brighton BN1 9BL
Company Reg No 81077. VAT No GB 259 9519 45

